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# The Year of \_\_\_\_\_ (Massive Action)

“ Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you. ”  
- Matthew 7:7-8

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## HEALTH (physical, mental and emotional)

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**FINANCIAL** (Active income/salary, investment, savings and retirement goals)

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**Why do I want this?** (you have to want it bad enough to follow through)

**What is the objective?** (is it significant, concrete, action-oriented, inspirational)

**How am I going to measure the results?** (have to be specific and time bound, aggressive yet realistic, measurable and verifiable)

- O.K.Rs



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## BUSINESS

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**RELATIONSHIPS** (with self, with friends/coworkers, with family)

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## SPIRITUAL

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“ People overestimate what they can do in one year  
and underestimate what they can do in ten years.  
- Bill Gates ”



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## INTELLECTUAL

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“ You can't go back and change the beginning,  
but you can start where you are and change the ending.”  
-C. S. Lewis



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**OTHER**

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